

Needing a Power Greater



Once, there was a boy with a violin. He didn't have a thought of how to play it. He held it awkwardly in his arm, and knew not how to balance the bow. He fiddled his fingers on the board, but had no definition of placement. He couldn't make the music that he wanted, and he was sad.

"Do you wish to play that?" asked a man.

The boy shifted his eyes miserably.

"I hate it. I hate the wood that is too cold. I hate the bow that is too long. I hate the strings that only make noise. I hate my hands that can't make that noise beautiful."

"Would you like me to help you with it?" the man responded.

The boy shrugged his shoulders and thrust the violin from his chest.

"I won't do it for you, but I can show you how," he said.

He gave the boy instructions and encouraged his technique. He told him how to cradle the body, how to open his hands on the bow, and how to grasp the neck. He taught him how to adjust the pegbox and the correct pressure for gliding the strings.

After a time, the man didn't have to speak so loud, and the boy wasn't so afraid to play. He made beautiful sound and sweet melodies from the instrument. He loved playing his violin, and people from all over came to hear it. The man would continue to watch, offer instructions where needed, and applaud in between numbers.

The violin became a piece of the boy, an instinctive part of his personality. Though he had started out wishing to be rid of the vile reminder of his weakness, he rejoiced in it now as his contribution to the world as a whole. Instead of fighting it, all he had to do was surrender and ask for help, all of which allowed him to become the beautiful composer he was always meant to be.

Member Share

Wisdom from the Literature

STEP 1

"Most of us have been unwilling to admit we were real alcoholics. No person likes to think he is bodily and mentally different from his fellows...the idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death."

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Alcoholics Anonymous

STEP 2

"We identify with each other at the point of our weakness. Our wrongfulness and our wrongs are what bring us together and to God...there's no place left to go except to face the truth about ourselves, stop resorting to other addictions and forms of lust we think we can get away with, and surrender to our God."

Page 91,92
Sexaholics Anonymous

Service Opportunities

- **You DO have something to offer!**

Ever wonder how “old-timers” stay sober? It’s amazing how sharing your story, your experience, strength and hope, no matter how limited you think it may be, has a positive impact on you and your program, as well as helping another.

- **The John School – Nashville, TN**

Occurs on select Saturdays from 1-2pm. Located at Nashville Cares, 633 Thompson Lane, Nashville, TN
New dates for 2017 are up! Coming 1/28, 3/4, 4/22, 5/20, 7/8, 8/19, 9/16, 11/18, and 12/16. For questions or more information, contact Rob W.

- **The Bridge – Bowling Green, KY**

Occurs on select Saturdays from 9:30am to 10:30am, with the carpool leaving from the Portable at Belmont Church at 7:30am. Contact Brad M. for more information.

- **The Ranch (Men only) – Nunnely, TN**

Occurs on the 1st and 3rd Thursdays of each month, with the carpool leaving from the Portable at Belmont Church at 5:30pm. Contact Curtis L. for more information.

- **The Ranch (Women only) – Nunnely, TN**

Occurs on the 1st Saturday of each month, with the carpool leaving O’Charley’s in West Nashville at 5:00pm. Contact Sumer Y. for more information.

- **S.A. Nashville Intergroup Open Positions**

S.A. Nashville Intergroup is a group of elected individuals who serve to represent the region and provide communication among local groups, maintain contact for newcomers, discuss issues with the community, and sponsor conventions and workshops. Currently, there is a need for a **Chairperson of Hospitals and Institutions**, a **Secretary**, and a **Vice Chair**. These positions do have sobriety requirements, so please see Brad M. for more information, or contact the local representatives at info@sanashville.org

- **S.A.S.E.R.A Delegates Needed**

SASERA stands for the Southeastern Region of S.A., and they have a number of delegate positions available. General Assembly Delegate is a special opportunity to represent the Region and vote on important decisions serving the worldwide fellowship of S.A. For more information and sobriety requirements, contact Marsha D.

Announcements

- **Scholarships Available**

Are you interested in traveling to a convention or a marathon meeting but concerned about funds? Scholarships are available from S.A. Nashville for these purposes. See www.sanashville.org for details and an application.

Upcoming Events

- **S.A./S-Anon International**

- **Convention – Jerusalem, Israel**

- January 9-11th

- Theme: Growth and Renewal in Israel

- For more information, see the website at:

- <http://www.growthandrenewalinisrael2017.com>

- **S.A. International Convention – Newark, New Jersey**

- July 14-16th

- Theme: Jersey Strong – Experience, Strength and Hope

- For more information, see the website at:

- www.JerseyStrong2017.com

- **Women’s International Conference – Ashburn, Virginia**

- May 5-7th

- Theme: Together and Never Alone Again!

- For more information, see the website at:

- <http://www.neveraloneagain2017.com>

- **Columbia South Carolina Winter Fellowship Retreat – Surfside Beach, South Carolina**

- February 3-5th

- For more information, see the Columbia regional website at:

- <https://sites.google.com/site/sacolumbiasc/>

- **Atlanta Marathon 2017 – Norcross, Georgia**

- March 4th

- Theme: The Journey Continues

- For more information, see the website at:

- <http://www.atlantathejourneycontinues.org/>